

# Teams Cross Country Grand Prix 3

Manukau Velodrome 12 Jun 2010

## Results

### Female - 2,000m

Place	Race No	Name	Team	Time
<b>G10</b>				
1	PK094	Jessica Croy	Pakuranga	8:57
2	PP056	Brooke VARNEY	Papakura	9:09
3	LY026	Rebekah McPhatter	Lynndale	9:11
4	VI625	Natalia Lunny	Visitor	9:12
5	AC257	Mollie KROON	Auckland City Athletics	9:21
6	WC015	Ashleigh Rowan	Waitakere	9:32
7	PU019	Caitlin Ward	Pukekohe	9:42
8	PK016	Ashleigh Bradbury	Pakuranga	10:08
9	AC134	Molly IVES	Auckland City Athletics	10:09
10	VI623	Mayah Coleman	Visitor	10:11
11	PU021	Hayley Marx	Pukekohe	10:12
12	PU032	Simone Moxon	Pukekohe	10:13
13	AC013	Stella NIGHTINGALE	Auckland City Athletics	10:17
14	AC252	Shani GIMBLETT	Auckland City Athletics	10:19
15	AC201	Lee-Anne GRIFFITHS	Auckland City Athletics	10:47
16	LY006	Abby Baptist	Lynndale	10:51
17	WS018	Kate McMullen	Wesley	10:51
18	AC249	Chloe DELANEY	Auckland City Athletics	11:16
19	PK190	Alexa Latham	Pakuranga	11:25
20	AC066	Katherine HORNER	Auckland City Athletics	11:26
21	MS011	Olivia Rowe	Massey	12:22
22	BC029	Jessica Nobilo	North Harbour Bays	12:46
23	MS023	Katelyn Vaha'akolo	Massey	12:57
24	PK191	Georgia Latham	Pakuranga	13:11

### Male - 2,000m

Place	Race No	Name	Team	Time
<b>B10</b>				
1	PK158	Mitchell Pallister	Pakuranga	7:58
2	PK157	Ben Pallister	Pakuranga	8:20
3	CL046	Jesper Bengtsson	Calliope	8:36
4	AC009	Michael WOOD	Auckland City Athletics	8:38
5	WS035	William Morrison	Wesley	8:43
6	PK138	Mitchell Wheeler	Pakuranga	8:45
7	AC067	Liam THOMPSON	Auckland City Athletics	8:53
8	AC068	Joshua OLIVER	Auckland City Athletics	8:54
9	GE017	Luke Howsam	Glen Eden	8:55
10	PK075	Thomas Hughson	Pakuranga	9:03
11	AC286	Henry EVANS	Auckland City Athletics	9:11
12	WS019	Karl Pearn	Wesley	9:20
13	PU008	Dylan Petherick	Pukekohe	9:26
14	MS017	Teancum McCarthy	Massey	9:28
15	GE014	Duncan Poland	Glen Eden	9:28
16	PP027	Matthew ROHLOFF	Papakura	9:37
17	MS018	Max Brooke-Cowden	Massey	9:45
18	PK098	Ryan Church	Pakuranga	9:51
19	MS014	Jake Howard	Massey	9:59
20	PK099	Cameron Church	Pakuranga	10:11
21	AC212	Jack ROGERS	Auckland City Athletics	10:13
22	AC225	Jacob DUFFIN	Auckland City Athletics	10:42

# Results

## Male - 2,000m

Place	Race No	Name	Team	Time
<b>B10</b>				
23	AC213	Ben MANNING	Auckland City Athletics	11:06
24	CL056	Seth Arnold	Calliope	11:13
25	PK133	Sheamus Power	Pakuranga	11:19
26	AC242	Thomas MANNING	Auckland City Athletics	11:45
27	MS019	Jack Winslow	Massey	11:49
28	CL057	William Parker	Calliope	11:53
29	CL047	Ethan Clark	Calliope	12:05
30	PK019	Matthew Creahan	Pakuranga	13:32
31	YM049	Felix Miller-Clendon	YMCA	18:18

## Female - 2,500m

Place	Race No	Name	Team	Time
<b>G12</b>				
1	PU007	Sophie Bowman	Pukekohe	10:00
2	PU014	Kaitlin Petherick	Pukekohe	10:03
3	GE015	Amy Pitout	Glen Eden	10:27
4	BC003	Katherine Badham	North Harbour Bays	10:48
5	PK164	Jacqueline Hand	Pakuranga	10:52
6	PP050	Katrina BUTLER-GALLIE	Papakura	11:12
7	AC283	Laura WATKINSON	Auckland City Athletics	11:17
8	PK038	Ashley Thomson	Pakuranga	11:19
9	PK037	Claire Thomson	Pakuranga	11:21
10	GE012	Madaline Poland	Glen Eden	11:23
11	WC021	Danielle Rowan	Waitakere	11:27
12	AC018	Michelle DE HEER	Auckland City Athletics	11:40
13	AC215	Emma HOLLAND	Auckland City Athletics	11:45
14	WS059	Natasha Gugich	Wesley	11:51
15	AC206	Sarah PRICE	Auckland City Athletics	11:56
16	WS020	Heidi Robinson	Wesley	11:57
17	YM011	Patricia Paynter	YMCA	12:05
18	AC196	Millie ANDERSON	Auckland City Athletics	12:11
19	PP003	Katie SARGENT	Papakura	12:20
20	PU028	Toni Martin	Pukekohe	12:27
21	AC276	Lily SATWELL	Auckland City Athletics	12:56
22	PK018	Anna Creahan	Pakuranga	13:21
23	PK042	Courtney Powell	Pakuranga	13:26
24	TP076	Kaylee Roberts	Takapuna	13:28
25	CL055	Nicola Arnold	Calliope	13:47
26	CL049	Abril Clark	Calliope	14:01
27	BC049	Freya Currie	North Harbour Bays	14:12
28	WS046	Nora-Anne Kwok	Wesley	14:14
29	WS049	Natalia Sussex	Wesley	14:17
<b>G14</b>				
1	AC202	Audrey GREGAN	Auckland City Athletics	9:25
2	PK132	Maeve Power	Pakuranga	9:35
3	AC131	Jaime RODGER	Auckland City Athletics	9:42
4	AC008	Grace WOOD	Auckland City Athletics	9:49
5	PK081	Courtney Martin	Pakuranga	9:55
6	PK159	Kenya Kavanagh-Vincent	Pakuranga	9:58
7	WS050	Cherie Walpole	Wesley	10:03
8	PP053	Courtney VARNEY	Papakura	10:06
9	PK106	Amanda Bracewell	Pakuranga	10:14
10	PK078	Daria Paige Faulconbridge	Pakuranga	10:18
11	PU030	Christiana Chapman	Pukekohe	10:19

# Results

## Female - 2,500m

Place	Race No	Name	Team	Time
<b>G14</b>				
12	PK029	Jessica Morrison	Pakuranga	10:21
13	PU002	Hannah Kraakman	Pukekohe	10:23
14	AC214	Rebecca HOLLAND	Auckland City Athletics	10:25
15	PK012	Charlotte Brown	Pakuranga	10:32
16	AC005	Daisy ARCHIBALD	Auckland City Athletics	10:36
17	PP040	Sonia HOLLANDS	Papakura	10:47
18	TP030	Lucy Jacobs	Takapuna	10:54
19	PK085	Rosie Castle	Pakuranga	11:06
20	PU010	Corrina Weir-Freebairn	Pukekohe	11:13
21	AC193	Charlotte RILEY	Auckland City Athletics	11:23
22	PK053	Lauren Hendricksen	Pakuranga	11:29
23	TP007	Jessie Eichmann	Takapuna	11:31
24	WC006	Alice Jackson	Waitakere	11:54
25	AC055	Amy HORNER	Auckland City Athletics	12:06
26	PK091	Danielle O'Connor	Pakuranga	12:36
27	MS005	Kimberley Franklin	Massey	12:45
28	MS009	Miriam Burden	Massey	14:07
29	WS054	Emily Robinson	Wesley	14:28
30	MS013	Estelle O'Brien	Massey	14:29
31	WS003	Victoria Sussex	Wesley	14:30
32	VI627	Jaimie Rankin	Visitor	14:35

## Male - 2,500m

Place	Race No	Name	Team	Time
<b>B12</b>				
1	PK161	Andrew Catley	Pakuranga	9:05
2	PK168	Joshua Lee	Pakuranga	9:07
3	AC011	Matthew MANNING	Auckland City Athletics	9:28
4	PU005	Flynn Barron	Pukekohe	9:38
5	AC091	Daniel CHAPMAN	Auckland City Athletics	9:45
6	PK088	Daniel Holt-Pedersen	Pakuranga	9:53
7	AC095	Sam HESLIN	Auckland City Athletics	9:54
8	AC120	Fraser MCKINLAY	Auckland City Athletics	10:05
9	AC031	James UHLENBERG	Auckland City Athletics	10:11
10	PK055	Cameron Low	Pakuranga	10:11
11	AC096	Tim HESLIN	Auckland City Athletics	10:17
12	AC281	Dalton HILEY	Auckland City Athletics	10:20
13	AC036	Fraser HAMILTON	Auckland City Athletics	10:20
14	VI618	Nicolo Oporto	Visitor	10:21
15	PU031	Dylan Moxon	Pukekohe	10:34
16	PK150	Flynn Palmer	Pakuranga	10:39
17	BC019	Fletcher O'Sullivan	North Harbour Bays	10:43
18	PK025	Richard Morrison	Pakuranga	10:44
19	WU001	Finn Bradley	Waiuku	10:45
20	AC222	Jacob HOLMES	Auckland City Athletics	11:14
21	AC240	William BACKMAN	Auckland City Athletics	11:16
22	AC209	Scott ALLISON	Auckland City Athletics	11:19
23	AC136	Matti TRABING	Auckland City Athletics	11:20
=	PK179	Kyle Mendonca	Pakuranga	11:20
25	LY007	Joshua Baptist	Lynndale	11:26
26	PK017	Mathew Bradbury	Pakuranga	11:38
27	AC006	Andre MUNRO-WILSON	Auckland City Athletics	11:44
28	MS004	Sam Devereaux	Massey	12:05
29	AC207	William YOUNG	Auckland City Athletics	12:08
30	PU004	Daniel Barron	Pukekohe	12:10
31	MS006	Reagan Hargest	Massey	12:23

# Results

## Male - 2,500m

Place	Race No	Name	Team	Time
<b>B12</b>				
32	AC241	Sam DELANEY	Auckland City Athletics	12:34
33	PK092	Joshua O'Connor	Pakuranga	13:19
34	GE007	Domanic Gore	Glen Eden	13:22
35	VI624	Richard Ledger	Visitor	13:26
36	TP041	Thomas Overy	Takapuna	13:59
37	MS010	Ruth Burden	Massey	14:28
38	YM048	Toby Miller-Clendon	YMCA	15:08

## Female - 4,000m

Place	Race No	Name	Team	Time
<b>W16</b>				
1	AC030	Sally WILKINS	Auckland City Athletics	15:50
2	AC012	Ashleigh WILLIAMS	Auckland City Athletics	16:17
3	BC048	Natasha Bowyer	North Harbour Bays	16:37
4	PK077	Hayley Faulconbridge	Pakuranga	16:42
5	PU015	Laura Cowling	Pukekohe	16:47
6	AC034	Rosalie CHANG	Auckland City Athletics	16:52
7	VI620	Anneka Herdson	Visitor	17:01
8	BC015	Brydhi Stark	North Harbour Bays	17:07
9	BC050	Amy Shaw	North Harbour Bays	17:13
10	BC045	Danielle McKenzie	North Harbour Bays	17:27
11	AC203	Christina CORBIDGE	Auckland City Athletics	17:32
12	AC237	Courtney EVANS	Auckland City Athletics	17:44
13	PK073	Jessica Hughson	Pakuranga	18:07
14	AC229	Julia KERR	Auckland City Athletics	18:31
15	AC140	Sarah BRADLEY	Auckland City Athletics	18:53
<b>W19</b>				
1	VI612	Maddie Brunton	Visitor	15:14
2	AC251	Amelia WATKINSON	Auckland City Athletics	15:22
3	AC284	Ella MANGAN-WALKER	Auckland City Athletics	15:31
4	AC106	Georgie GRGEC	Auckland City Athletics	15:33
5	BC001	Tara La Grange	North Harbour Bays	16:02
6	AC204	Sophie CORBIDGE	Auckland City Athletics	16:31
7	AC109	Bex BURRIDGE	Auckland City Athletics	17:14
8	WC003	Renee Wootton	Waitakere	17:22
9	PK090	Sarah Blyde	Pakuranga	17:36
10	WC002	Laura Wootton	Waitakere	17:39
11	VI615	Emily Ingoe	Visitor	17:52
12	PK163	Rachael Catley	Pakuranga	17:54
13	PU013	Alex Cowling	Pukekohe	19:09
14	TP042	Kimberlee Roets	Takapuna	22:19

## Male - 4,000m

Place	Race No	Name	Team	Time
<b>B14</b>				
1	PK169	David Lee	Pakuranga	14:25
2	AC132	Hayden RODGER	Auckland City Athletics	15:04
3	WS010	Michael Dawson	Wesley	15:11
4	PK156	Jake Pallister	Pakuranga	15:33
5	PK130	Hunter Curran	Pakuranga	15:35
6	PK093	Cameron Gleed	Pakuranga	15:35
7	PU020	Ethan Vaughan	Pukekohe	15:55

# Results

## Male - 4,000m

Place	Race No	Name	Team	Time
<b>B14</b>				
8	WS042	Morgan Cadell	Wesley	16:01
9	AC194	Dale PITOUT	Auckland City Athletics	16:16
10	AC016	Hamish KERR	Auckland City Athletics	16:35
11	PK072	Ryan Killeen	Pakuranga	16:48
12	AC032	Shasa GIMBLETT	Auckland City Athletics	17:12
13	PK013	Hamish Brown	Pakuranga	17:18
14	AC125	Joshkun JOHNSON	Auckland City Athletics	17:31
15	TP040	Matthew Roets	Takapuna	17:40
16	TP022	Jonathan Randford	Takapuna	17:43
17	VI621	Brandon Lunny	Visitor	17:45
18	CL043	Albin Bengtsson	Calliope	17:58
19	WS006	Conal Wilson	Wesley	18:00
20	AC146	Mark LEDGER	Auckland City Athletics	18:17
21	BC036	Ryan Schroder	North Harbour Bays	18:28
22	TP013	Anton Overy	Takapuna	18:39
23	WS040	Jackson Enright	Wesley	19:29
24	PP006	Scott HORSEFIELD	Papakura	20:04
25	MS003	Luke Devereaux	Massey	20:38
26	AC142	William BRADLEY	Auckland City Athletics	22:16

## Male - 5,000m

Place	Race No	Name	Team	Time
<b>M16</b>				
1	AC259	Magnus WHYTE	Auckland City Athletics	17:39
2	BC014	Thomas Currie	North Harbour Bays	17:54
3	AC026	Ben MOYNIHAN	Auckland City Athletics	17:56
4	VI626	TeKlay Zinaw	Visitor	18:21
5	PP004	Nathan DALLY	Papakura	18:30
6	AC182	Alistair MCDERMOTT	Auckland City Athletics	18:39
7	WS005	Finn Wilson	Wesley	18:43
8	WS052	Toby Robinson	Wesley	18:44
9	BC023	Rasmus Bengtsson	North Harbour Bays	18:51
10	PK137	Rory Martin	Pakuranga	18:53
11	AC052	Joachim NOBLE	Auckland City Athletics	19:13
12	WS031	Yoni Yahel	Wesley	19:16
13	PK126	Ray Wang	Pakuranga	19:19
14	WS001	Thomas Sussex	Wesley	19:43
15	WS053	Jack Robinson	Wesley	19:44
16	AC128	Henry WATT	Auckland City Athletics	20:16
17	AC017	Asher MELTZER	Auckland City Athletics	20:25
18	PK089	Samir Brown	Pakuranga	20:41
19	AC280	Fletcher BOSWELL	Auckland City Athletics	22:35
20	WC020	Ethan Wilson	Waitakere	22:36
21	AC028	Max JEFFS	Auckland City Athletics	22:48
<b>M19</b>				
1	AC042	Jonathan JACKSON	Auckland City Athletics	16:53
2	WS060	Michael Poole	Wesley	17:07
3	WC001	Luke Longdill	Waitakere	17:09
4	WC012	Michael Vercoe-Curtis	Waitakere	17:18
5	WS058	Jamie Small	Wesley	17:32
6	PK195	Lachlan McNie	Pakuranga	17:35
7	AC076	Tadele TEKLE-HAIMANOT	Auckland City Athletics	17:45
=	AC047	Sam MORREAU	Auckland City Athletics	17:45
9	WC013	Matthew Vercoe-Curtis	Waitakere	17:49

# Results

## Male - 5,000m

Place	Race No	Name	Team	Time
<b>M19</b>				
10	WS004	Declan Wilson	Wesley	17:57
11	AC232	Seton HILL	Auckland City Athletics	18:08
12	AC107	Josh MAISEY	Auckland City Athletics	18:17
13	VI628	Nick Berry	Visitor	18:18
14	PK086	Fabian Castle	Pakuranga	18:20
15	VI614	Jack Moody	Visitor	18:32
16	AC127	James WATT	Auckland City Athletics	19:06
17	AC152	Daniel JOSEPHS	Auckland City Athletics	19:09
18	AC279	Toby SCOTT	Auckland City Athletics	20:21

## Female - 6,000m

Place	Race No	Name	Team	Time
<b>SW</b>				
1	AC250	Annie KEOWN	Auckland City Athletics	22:21
2	PK124	Penny Peskett	Pakuranga	22:30
3	PK127	Lisa Robertson	Pakuranga	22:46
4	AC082	Rachael KINGSTONE	Auckland City Athletics	23:27
5	PK187	Hannah Lawrence	Pakuranga	23:56
6	AC077	Breeanna POTTER	Auckland City Athletics	24:00
7	AC035	Elizabeth ORCHARD	Auckland City Athletics	24:06
8	PK134	Renee Holtom	Pakuranga	25:51
9	VI613	Pip Meo	Visitor	26:08
10	TP011	Jacinta Hawkins	Takapuna	27:38
11	AC039	Bridget LENTING	Auckland City Athletics	27:58
12	YM054	Julia Shaw	YMCA	28:45
13	AC089	Elizabeth GOER	Auckland City Athletics	28:55
14	YM051	Haeleigh Albon	YMCA	28:56
15	AC268	Sarah STEWART	Auckland City Athletics	29:26
16	AC254	Helen KAY	Auckland City Athletics	29:45
17	PK121	Sian Morrice	Pakuranga	30:58
<b>MW35</b>				
1	PK196	Michelle Hopkins	Pakuranga	24:12
2	PK057	Rachel Penney	Pakuranga	24:53
3	VI617	Rachel Bowie	Visitor	26:16
4	YM004	Emma Beardsell	YMCA	28:29
5	AC270	Sacha COWLRICK	Auckland City Athletics	30:34
6	PK002	Kathleen Payne	Pakuranga	33:18
7	CL028	Gabrielle Domett	Calliope	34:22
<b>MW40</b>				
1	PK122	Kristine Reid	Pakuranga	24:53
2	BC044	Sue Parcell	North Harbour Bays	26:52
3	YM006	Ingrid Frost	YMCA	27:52
4	YM045	Kiri Price	YMCA	28:58
5	CL025	Sara Arnold	Calliope	32:53
6	YM044	Carol Bielby	YMCA	35:06
7	PK015	Anne Bradbury	Pakuranga	36:45
<b>MW45</b>				
1	TP020	Lesley Ryan	Takapuna	26:27
2	BC006	Caroline Smith	North Harbour Bays	26:40
3	AC049	Mandy BIRD	Auckland City Athletics	28:41
4	YM014	Terri Jones	YMCA	29:22
5	PK131	Jackie Russell	Pakuranga	29:35

# Results

## Female - 6,000m

Place	Race No	Name	Team	Time
<b>MW45</b>				
6	CL002	Sandra Haynes	Calliope	31:14
7	YM043	Michele Garrett	YMCA	35:06
8	CL031	Shona Myers	Calliope	37:00
9	LY025	Jeannine Wardley	Lynndale	39:21
<b>MW50</b>				
1	AC092	Margie PEAT	Auckland City Athletics	27:43
2	YM021	Karen Espin	YMCA	28:43
3	BC051	Paula Sharpe	North Harbour Bays	31:11
4	VI611	Helen O'Shaughnessy	Visitor	32:22
<b>MW55+</b>				
1	AC086	Judith STEWART	Auckland City Athletics	28:56
2	YM002	Christine Munro	YMCA	29:41
3	YM001	Isla Nixon	YMCA	30:15
4	YM019	Barbara Scarfe	YMCA	32:35
5	YM012	Colleen Falloon	YMCA	34:02
6	CL020	Raewyn Legge	Calliope	38:00

## Male - 10,000m

Place	Race No	Name	Team	Time
<b>SM</b>				
1	PK011	Alex Parlane	Pakuranga	33:15
2	TP047	Steven Lett	Takapuna	33:49
3	WS045	Liam Scopes	Wesley	34:20
4	PK101	Jonny McKee	Pakuranga	34:26
5	AC001	Michael BANKS	Auckland City Athletics	34:57
6	AC205	Angus BELL	Auckland City Athletics	35:54
7	AC059	Tom STEWART	Auckland City Athletics	36:09
8	AC275	Aaron JACKSON	Auckland City Athletics	36:18
9	TP089	Joshua Rawlinson	Takapuna	36:29
10	AC266	Steven MCKINSTRY	Auckland City Athletics	36:54
11	WS043	Andrew Haigh	Wesley	37:15
12	WC025	Benjamin Eurich	Waitakere	37:42
13	VI603	David Cooper	Visitor	37:51
14	TP085	Danny Shaw	Takapuna	37:53
15	BC081	Andrew Mackay	North Harbour Bays	38:32
16	PK165	James Hand	Pakuranga	38:53
17	TP072	Michael Lichwark	Takapuna	52:32
<b>MM35</b>				
1	AC123	Chris ROBB	Auckland City Athletics	36:32
2	TP014	Jon Healey	Takapuna	37:43
3	TP034	Joel Martin	Takapuna	38:17
4	LY003	Micheal Macmillan	Lynndale	40:03
5	AC273	Sacha DANIELS	Auckland City Athletics	40:15
6	PU034	Duncan Moxon	Pukekohe	41:57
7	TP092	Scott Richdale	Takapuna	44:05
8	YM029	Dan Hunter	YMCA	44:22
9	YM055	Benedict Burgess	YMCA	49:42
<b>MM40</b>				
1	AU016	Robbie Johnston	University	35:38
2	AU009	Bruce Duncan	University	38:05
3	PK155	Glenn Paterson	Pakuranga	38:09

# Results

## Male - 10,000m

Place	Race No	Name	Team	Time
<b>MM40</b>				
4	VI602	Rodney Hellyer	Visitor	38:49
5	WS027	Brent Foster	Wesley	38:57
6	AC168	Warick BRENNAN	Auckland City Athletics	39:26
7	AC197	Keith LAURIE	Auckland City Athletics	40:24
8	AC156	Guy ROBSON	Auckland City Athletics	40:37
9	WS025	Dean Foster	Wesley	42:43
10	PK097	Andrew Higson	Pakuranga	44:02
11	PU003	Neil Kraakman	Pukekohe	45:01
12	AC277	Grant ERSKINE	Auckland City Athletics	49:25
13	VI607	Simon Clendon	Visitor	50:59
14	AU020	Tony Harrison	University	56:54
15	YM038	Michael Stowers	YMCA	1:18:40
<b>MM45</b>				
1	LY008	Rudy Baptist	Lynndale	39:45
2	YM010	Tony Warren	YMCA	40:29
3	AU017	Tony Woodhouse	University	40:52
4	VI604	Ian Sussex	Visitor	41:18
5	BC039	Michael Craig	North Harbour Bays	43:05
6	AC211	Chris TRABING	Auckland City Athletics	43:25
7	WS021	Terry Robinson	Wesley	47:29
8	VI608	Eugene Kwok	Visitor	48:41
9	AU023	Andy Cable	University	51:17
<b>MM50</b>				
1	VI600	Colin Earwaker	Visitor	37:44
2	AU008	Gavin Stevens	University	39:01
3	YM034	David Lear	YMCA	39:05
4	AC002	Greg BANKS	Auckland City Athletics	39:31
5	AC269	Charles STEWART	Auckland City Athletics	42:45
6	PK118	Chris Keith	Pakuranga	43:36
7	AC041	Brett LAURENT	Auckland City Athletics	44:08
8	AU005	Dave Harkness	University	44:45
9	AC118	Bernard HANLEY	Auckland City Athletics	45:03
10	PP047	Ross GARNER	Papakura	45:46
11	AU002	Keith Procter	University	46:22
12	CL021	Steve Fairley	Calliope	47:01
13	PK014	Alan Bradbury	Pakuranga	47:38
14	MN002	Martin White	Manurewa	48:16
15	PK063	Neil Cheyne	Pakuranga	49:35
16	GE016	Alan Gore	Glen Eden	1:05:38
17	GE016	Alan Gore	Glen Eden	1:05:39
<b>MM55</b>				
1	AU012	Graham Macky	University	40:07
2	PK177	David Harper	Pakuranga	42:57
3	YM003	Andy Harper	YMCA	46:15
4	YM028	Jim Knappstein	YMCA	46:30
5	AC079	Gerald DUNCAN	Auckland City Athletics	49:10
6	YM016	Alan Fletcher	YMCA	50:09
7	VI609	Harvey Dixon	Visitor	50:34
8	TP005	Vic Dundas	Takapuna	51:17
9	YM040	Murray Wagener	YMCA	53:03
10	PP016	Rex ALLEN	Papakura	59:40
11	PK004	Richard Thomson	Pakuranga	59:53
<b>MM60</b>				
1	AC116	Richard BRIGHT	Auckland City Athletics	46:25

# Results

## Male - 10,000m

Place	Race No	Name	Team	Time
<b>MM60</b>				
2	PK148	Scott Robinson	Pakuranga	46:32
3	PK001	Brian Payne	Pakuranga	49:52
4	PP028	Bob MARTIN	Papakura	50:40
5	PP032	Ross MATHESON	Papakura	51:47
6	YM015	Robert Kantor	YMCA	57:04
<b>MM65+</b>				
1	AU001	Clive Henderson	University	45:13
2	PP033	Kelvin FITNESS	Papakura	51:55
3	CL016	Tyrell Jaggard	Calliope	54:07
4	CL005	John Dwyer	Calliope	54:19
5	CL054	Ken Butterworth	Calliope	55:54
6	PK135	Harold Shute	Pakuranga	56:02
7	CL001	Bruce McLean	Calliope	1:08:47