

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

FINISHING TIME ORDER

| Place | Team | Act Time | Elps Time |
|-------|-------------------------------|----------|-----------|
| DISQ | Presy Moas | 2:43:53 | 2:43:53 |
| DISQ | Lynndale Masters Women A | 2:27:50 | 2:44:50 |
| 1 | Presy Gazelles | 2:12:39 | 2:47:24 |
| 2 | Footsteps Flatfoots (Walkers) | 3:02:04 | 2:49:27 |
| 3 | Lynndale Master B | 2:10:40 | 2:49:45 |
| 4 | Footsteps Fantastics | 2:16:51 | 2:50:11 |
| 5 | ACA 2 | 1:50:53 | 2:50:23 |
| 6 | Papakura 6 | 2:13:50 | 2:50:24 |
| 7 | Papakura 1 | 2:16:37 | 2:50:37 |
| 8 | Papakura 2 | 2:14:06 | 2:50:40 |
| 9 | Kumfs | 2:21:25 | 2:51:25 |
| 10 | Once Were Runners X | 2:29:41 | 2:51:29 |
| 11 | Glen Eden - The Aces | 2:05:10 | 2:51:41 |
| 12 | Glen Eden - The Oldies | 2:16:34 | 2:52:24 |
| 13 | Pres Dinosaurs | 2:52:51 | 2:52:51 |
| 14 | Glen Eden - Slugs | 2:22:27 | 2:53:44 |
| 15 | Papakura 4 | 2:17:40 | 2:54:14 |
| 16 | Lynndale Women B | 2:40:32 | 2:54:28 |
| 17 | Once Were Runners Z | 2:33:17 | 2:55:05 |
| 18 | Papakura 5 | 2:10:58 | 2:55:38 |
| 19 | Papakura 3 | 2:09:55 | 2:56:05 |
| 20 | YMCA All Stars 2 | 2:41:32 | 2:56:32 |
| 21 | Lynndale Women A | 2:14:48 | 2:56:38 |
| 22 | Lynndale Master A | 1:56:06 | 2:56:40 |
| 23 | Once Were Runners Y | 2:34:55 | 2:56:43 |
| 24 | Wesley A | 1:50:53 | 2:56:53 |
| 25 | ACA 1 | 2:04:43 | 2:57:43 |
| 26 | Wesley B | 2:08:09 | 2:58:09 |
| 27 | Lynndale Senior A | 1:45:19 | 2:58:19 |
| 28 | Glen Eden - The Guns | 2:27:53 | 2:58:27 |
| 29 | Lynndale Senior B | 2:23:15 | 2:59:45 |
| 30 | YMCA All Stars 1 | 2:23:56 | 3:05:56 |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

ACTUAL TIME ORDER

| Place | Team | Act Time | Elps Time |
|-------|-------------------------------|----------|-----------|
| 1 | Lynndale Senior A | 1:45:19 | 2:58:19 |
| 2 | Wesley A | 1:50:53 | 2:56:53 |
| 3 | ACA 2 | 1:50:53 | 2:50:23 |
| 4 | Lynndale Master A | 1:56:06 | 2:56:40 |
| 5 | ACA 1 | 2:04:43 | 2:57:43 |
| 6 | Glen Eden - The Aces | 2:05:10 | 2:51:41 |
| 7 | Wesley B | 2:08:09 | 2:58:09 |
| 8 | Papakura 3 | 2:09:55 | 2:56:05 |
| 9 | Lynndale Master B | 2:10:40 | 2:49:45 |
| 10 | Papakura 5 | 2:10:58 | 2:55:38 |
| 11 | Presy Gazelles | 2:12:39 | 2:47:24 |
| 12 | Papakura 6 | 2:13:50 | 2:50:24 |
| 13 | Papakura 2 | 2:14:06 | 2:50:40 |
| 14 | Lynndale Women A | 2:14:48 | 2:56:38 |
| 15 | Glen Eden - The Oldies | 2:16:34 | 2:52:24 |
| 16 | Papakura 1 | 2:16:37 | 2:50:37 |
| 17 | Footsteps Fantastics | 2:16:51 | 2:50:11 |
| 18 | Papakura 4 | 2:17:40 | 2:54:14 |
| 19 | Kumfs | 2:21:25 | 2:51:25 |
| 20 | Glen Eden - Slugs | 2:22:27 | 2:53:44 |
| 21 | Lynndale Senior B | 2:23:15 | 2:59:45 |
| 22 | YMCA All Stars 1 | 2:23:56 | 3:05:56 |
| 23 | Lynndale Masters Women A | 2:27:50 | 2:44:50 |
| 24 | Glen Eden - The Guns | 2:27:53 | 2:58:27 |
| 25 | Once Were Runners X | 2:29:41 | 2:51:29 |
| 26 | Once Were Runners Z | 2:33:17 | 2:55:05 |
| 27 | Once Were Runners Y | 2:34:55 | 2:56:43 |
| 28 | Lynndale Women B | 2:40:32 | 2:54:28 |
| 29 | YMCA All Stars 2 | 2:41:32 | 2:56:32 |
| 30 | Presy Moas | 2:43:53 | 2:43:53 |
| 31 | Pres Dinosaurs | 2:52:51 | 2:52:51 |
| 32 | Footsteps Flatfoots (Walkers) | 3:02:04 | 2:49:27 |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

MEN

| Place | Team | Runner | Lap Time |
|-------|----------------------|-------------------|----------|
| 1 | Lynndale Senior A | Kerry Rodger | 25:01 |
| 2 | Papakura 2 | Mark Pulman | 25:27 |
| 3 | Wesley A | Ian Sussex | 25:53 |
| 4 | Wesley A | Brent Foster | 25:54 |
| 5 | Lynndale Senior A | Darren Keenan | 26:30 |
| 6 | Lynndale Senior A | Will Green | 26:40 |
| 7 | Lynndale Senior A | Tim Fahey | 27:08 |
| 8 | ACA 2 | Mathew Mildenhall | 27:11 |
| 9 | ACA 2 | Fetalow Zomo | 27:15 |
| 10 | ACA 2 | Adam Berry | 27:17 |
| 11 | Papakura 1 | Elliot Crean | 28:01 |
| 12 | Lynndale Master A | Rudy Baptist | 28:06 |
| 13 | Lynndale Master A | Rudy Hlawatsch | 28:07 |
| 14 | Papakura 3 | Gary Williamson | 28:19 |
| 15 | Wesley B | Peter Graham | 28:56 |
| 16 | Wesley A | David Moorman | 28:56 |
| 17 | Lynndale Master A | David Donnelly | 29:04 |
| 18 | Lynndale Master B | John Hobson | 29:09 |
| 19 | ACA 2 | Scott O'Loughlin | 29:10 |
| 20 | ACA 1 | Chris Walker | 29:17 |
| 21 | Glen Eden - The Aces | Jimmy Huggins | 29:55 |
| 22 | ACA 1 | Peter Goffin | 29:59 |
| 23 | Wesley A | Andrew Taylor | 30:10 |
| 24 | Glen Eden - The Aces | Barry Sharp | 30:20 |
| 25 | Papakura 5 | Richard Keene | 30:35 |
| 26 | Footsteps Fantastics | Nick Booth | 30:42 |
| 27 | Lynndale Master A | Shane Connolly | 30:49 |
| 28 | Papakura 5 | Dene Duthie | 30:51 |
| 29 | Papakura 4 | Robert Ward | 30:51 |
| 30 | Glen Eden - The Aces | Paul Trotman | 31:09 |
| 31 | Papakura 1 | Geoff Smith | 31:10 |
| 32 | Papakura 3 | Grant Carroll | 31:22 |
| 33 | Papakura 6 | Trevor Ashe | 31:23 |
| 34 | Papakura 3 | Ross Matheson | 31:24 |

Sponsored by: La Maison du Chocolat, Kumfs Footwear, Shoe Science & Hubbards
Cereals

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

MEN

| Place | Team | Runner | Lap Time |
|-------|------------------------|-----------------|----------|
| 35 | Papakura 2 | John Potter | 31:25 |
| 36 | Wesley B | Chris Vernon | 31:31 |
| 37 | ACA 1 | Bernard Hanley | 31:35 |
| 38 | Glen Eden - The Oldies | Mark O'connor | 31:43 |
| 39 | Presy Gazelles | Kerry Pascoe | 31:51 |
| 40 | Papakura 4 | John Stanley | 31:52 |
| 41 | Papakura 1 | Kelvin Fitness | 31:56 |
| 42 | Papakura 5 | Peter Matheson | 32:06 |
| 43 | Lynndale Master B | Ken Hardley | 32:12 |
| 44 | Presy Gazelles | Paul Williams | 32:14 |
| 45 | Wesley B | John Norton | 32:16 |
| 46 | YMCA All Stars 1 | Andy Harper | 32:20 |
| 47 | Glen Eden - The Oldies | Collin Fearon | 32:43 |
| 48 | Kumfs | Larry Yee | 32:50 |
| 49 | Papakura 6 | David Peterson | 33:02 |
| 50 | Lynndale Master B | John Bennett | 33:07 |
| 51 | Glen Eden - Slugs | Phill Wootton | 33:29 |
| 52 | Lynndale Senior B | Tony Coughlan | 33:29 |
| 53 | Presy Gazelles | Rob Aspden | 33:34 |
| 54 | Glen Eden - The Guns | Tim Ellis | 33:41 |
| 55 | Glen Eden - The Aces | Len Wigham | 33:46 |
| 56 | ACA 1 | Harvey Dixon | 33:52 |
| 57 | Lynndale Senior B | Richard Waterer | 33:57 |
| 58 | Kumfs | Graeme Meachen | 34:14 |
| 59 | Presy Moas | Mike Vickers | 34:34 |
| 60 | Footsteps Fantastics | Roger Donnell | 34:44 |
| 61 | Once Were Runners Z | Rob Smith | 34:54 |
| 62 | Glen Eden - The Oldies | Michael Eade | 34:54 |
| 63 | Footsteps Fantastics | John Poppe | 34:59 |
| 64 | Presy Gazelles | Graham Goodwin | 35:00 |
| 65 | Glen Eden - Slugs | Murray Free | 35:00 |
| 66 | Once Were Runners X | Rex Willcox | 35:19 |
| 67 | Wesley B | Grant Unkovich | 35:26 |
| 68 | Once Were Runners X | Ken Butterworth | 35:32 |

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Cereals

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

MEN

| Place | Team | Runner | Lap Time |
|-------|-------------------------------|--------------------|----------|
| 69 | Pres Dinosaurs | Des Botting | 35:34 |
| 70 | Glen Eden - The Guns | Tony Fleming | 35:50 |
| 71 | Kumfs | Gary Buckingham | 35:57 |
| 72 | Lynndale Master B | Charles McLaughlan | 36:12 |
| 73 | Papakura 6 | Ross Pottinger | 36:19 |
| 74 | Footsteps Fantastics | John Burgess | 36:26 |
| 75 | Lynndale Senior B | Peter Holmes | 36:40 |
| 76 | YMCA All Stars 2 | David Sheeham | 36:53 |
| 77 | Glen Eden - Slugs | Lew Day | 37:29 |
| 78 | Glen Eden - The Guns | Nick Devcich | 37:40 |
| 79 | Once Were Runners Y | Danny McDowell | 37:56 |
| 80 | Once Were Runners X | Fred Ripley | 38:15 |
| 81 | Papakura 4 | Rex Allen | 38:19 |
| 82 | Kumfs | John Robertson | 38:24 |
| 83 | Once Were Runners Z | Tony Jackson | 38:51 |
| 84 | Lynndale Senior B | Lester Lancaster | 39:09 |
| 85 | Once Were Runners Y | Murray Grant | 39:52 |
| 86 | Once Were Runners X | Lay Cunningham | 40:35 |
| 87 | YMCA All Stars 1 | Tony Meehan | 41:17 |
| 88 | Presy Moas | John Yolland | 42:02 |
| 89 | Presy Moas | Ward buckingham | 44:34 |
| 90 | Pres Dinosaurs | Bill Goldstone | 45:03 |
| 91 | YMCA All Stars 2 | Gordon Jackson | 46:16 |
| 92 | Footsteps Flatfoots (Walkers) | Mark Alcorn (W) | 54:23 |
| 93 | Footsteps Flatfoots (Walkers) | Terry Trail (W) | 1:05:59 |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

WOMEN

| Place | Team | Runner | Lap Time |
|-------|-------------------------------|----------------------|----------|
| 1 | Lynndale Women A | Joe Burkett | 30:30 |
| 2 | Lynndale Women A | Sian Walker | 32:44 |
| 3 | Papakura 6 | Penny Kirkwood | 33:06 |
| 4 | YMCA All Stars 1 | Helen Murphy | 34:38 |
| 5 | Lynndale Women A | Pam Thomas | 35:07 |
| 6 | YMCA All Stars 1 | Vickie Lai | 35:41 |
| 7 | Once Were Runners Y | Helen O'Shaunnesey | 35:56 |
| 8 | Lynndale Masters Women A | Yvonne McGlaughlan | 35:56 |
| 9 | Lynndale Masters Women A | Pam Hardley | 36:09 |
| 10 | Lynndale Women A | Tina Kennedy | 36:27 |
| 11 | Glen Eden - Slugs | Jenny Ellis | 36:29 |
| 12 | Papakura 2 | Angela Ward | 36:36 |
| 13 | Papakura 4 | Sandra Caddy | 36:38 |
| 14 | Lynndale Masters Women A | Margie Dobbie | 37:03 |
| 15 | Glen Eden - The Oldies | Jenny Fleming | 37:14 |
| 16 | Papakura 5 | Lyn Clark | 37:26 |
| 17 | YMCA All Stars 2 | Marion Griffith | 38:16 |
| 18 | Once Were Runners Z | Anna Spittle | 38:20 |
| 19 | Lynndale Women B | Estelle Tiller | 38:38 |
| 20 | Lynndale Masters Women A | Carolyn Martin | 38:42 |
| 21 | Papakura 3 | Tui Ashe | 38:50 |
| 22 | Lynndale Women B | Julie McMillan | 39:37 |
| 23 | YMCA All Stars 2 | Barbara Jackson | 40:07 |
| 24 | Lynndale Women B | Janine Wardley | 40:08 |
| 25 | Papakura 2 | Jeanette Smith | 40:38 |
| 26 | Glen Eden - The Guns | Pam Hodge | 40:42 |
| 27 | Once Were Runners Y | Caroline Andrew | 41:11 |
| 28 | Once Were Runners Z | Vivienne Elder-Smith | 41:12 |
| 29 | Lynndale Women B | Robin OHagen | 42:09 |
| 30 | Presy Moas | Isabel Foley | 42:43 |
| 31 | Pres Dinosaurs | Stephanie Peterson | 44:23 |
| 32 | Papakura 1 | Kay Barnes | 45:30 |
| 33 | Pres Dinosaurs | Patricia Eastmond | 48:00 |
| 34 | Footsteps Flatfoots (Walkers) | Sandra Turner (W) | 1:01:42 |

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JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|----------|---------------|----------|-----|
| Wesley A | David Moorman | 28:56 | M |
| Wesley A | Andrew Taylor | 30:10 | M |
| Wesley A | Ian Sussex | 25:53 | M |
| Wesley A | Brent Foster | 25:54 | M |
| | | <hr/> | |
| | | 01:50:53 | |

| | | | |
|----------|----------------|----------|---|
| Wesley B | Peter Graham | 28:56 | M |
| Wesley B | John Norton | 32:16 | M |
| Wesley B | Chris Vernon | 31:31 | M |
| Wesley B | Grant Unkovich | 35:26 | M |
| | | <hr/> | |
| | | 02:08:09 | |

| | | | |
|-------|-----------------|----------|---|
| Kumfs | Larry Yee | 32:50 | M |
| Kumfs | John Robertson | 38:24 | M |
| Kumfs | Gary Buckingham | 35:57 | M |
| Kumfs | Graeme Meachen | 34:14 | M |
| | | <hr/> | |
| | | 02:21:25 | |

| | | | |
|------------|-----------------|----------|---|
| Presy Moas | Ward buckingham | 44:34 | M |
| Presy Moas | Mike Vickers | 34:34 | M |
| Presy Moas | John Yolland | 42:02 | M |
| Presy Moas | Isabel Foley | 42:43 | F |
| | | <hr/> | |
| | | 02:43:53 | |

| | | | |
|----------------|----------------|----------|---|
| Presy Gazelles | Graham Goodwin | 35:00 | M |
| Presy Gazelles | Rob Aspden | 33:34 | M |
| Presy Gazelles | Kerry Pascoe | 31:51 | M |
| Presy Gazelles | Paul Williams | 32:14 | M |
| | | <hr/> | |
| | | 02:12:39 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|------------------------|---------------|----------|-----|
| Glen Eden - The Oldies | Collin Fearon | 32:43 | M |
| Glen Eden - The Oldies | Michael Eade | 34:54 | M |
| Glen Eden - The Oldies | Jenny Fleming | 37:14 | F |
| Glen Eden - The Oldies | Mark O'connor | 31:43 | M |
| | | <hr/> | |
| | | 02:16:34 | |

| | | | |
|-------------------|---------------|----------|---|
| Glen Eden - Slugs | Phill Wootton | 0:33:29 | M |
| Glen Eden - Slugs | Murray Free | 0:35:00 | M |
| Glen Eden - Slugs | Lew Day | 0:37:29 | M |
| Glen Eden - Slugs | Jenny Ellis | 0:36:29 | F |
| | | <hr/> | |
| | | 02:22:27 | |

| | | | |
|----------------------|--------------|----------|---|
| Glen Eden - The Guns | Tony Fleming | 35:50 | M |
| Glen Eden - The Guns | Pam Hodge | 40:42 | F |
| Glen Eden - The Guns | Tim Ellis | 33:41 | M |
| Glen Eden - The Guns | Nick Devcich | 37:40 | M |
| | | <hr/> | |
| | | 02:27:53 | |

| | | | |
|----------------------|---------------|----------|---|
| Glen Eden - The Aces | Len Wigham | 33:46 | M |
| Glen Eden - The Aces | Jimmy Huggins | 29:55 | M |
| Glen Eden - The Aces | Barry Sharp | 30:20 | M |
| Glen Eden - The Aces | Paul Trotman | 31:09 | M |
| | | <hr/> | |
| | | 02:05:10 | |

| | | | |
|-------------------|---------------|----------|---|
| Lynndale Senior A | Darren Keenan | 26:30 | M |
| Lynndale Senior A | Kerry Rodger | 25:01 | M |
| Lynndale Senior A | Tim Fahey | 27:08 | M |
| Lynndale Senior A | Will Green | 26:40 | M |
| | | <hr/> | |
| | | 01:45:19 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|-------------------|------------------|----------|-----|
| Lynndale Senior B | Tony Coughlan | 33:29 | M |
| Lynndale Senior B | Peter Holmes | 36:40 | M |
| Lynndale Senior B | Lester Lancaster | 39:09 | M |
| Lynndale Senior B | Richard Waterer | 33:57 | M |
| | | <hr/> | |
| | | 02:23:15 | |

| | | | |
|-------------------|----------------|----------|---|
| Lynndale Master A | David Donnelly | 29:04 | M |
| Lynndale Master A | Rudy Baptist | 28:06 | M |
| Lynndale Master A | Rudy Hlawatsch | 28:07 | M |
| Lynndale Master A | Shane Connolly | 30:49 | M |
| | | <hr/> | |
| | | 01:56:06 | |

| | | | |
|-------------------|--------------------|----------|---|
| Lynndale Master B | John Hobson | 29:09 | M |
| Lynndale Master B | Charles McLaughlan | 36:12 | M |
| Lynndale Master B | Ken Hardley | 32:12 | M |
| Lynndale Master B | John Bennett | 33:07 | M |
| | | <hr/> | |
| | | 02:10:40 | |

| | | | |
|------------------|--------------|----------|---|
| Lynndale Women A | Joe Burkett | 30:30 | F |
| Lynndale Women A | Tina Kennedy | 36:27 | F |
| Lynndale Women A | Pam Thomas | 35:07 | F |
| Lynndale Women A | Sian Walker | 32:44 | F |
| | | <hr/> | |
| | | 02:14:48 | |

| | | | |
|------------------|----------------|----------|---|
| Lynndale Women B | Janine Wardley | 40:08 | F |
| Lynndale Women B | Julie McMillan | 39:37 | F |
| Lynndale Women B | Robin OHagen | 42:09 | F |
| Lynndale Women B | Estelle Tiller | 38:38 | F |
| | | <hr/> | |
| | | 02:40:32 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|--------------------------|--------------------|----------|-----|
| Lynndale Masters Women A | Margie Dobbie | 37:03 | F |
| Lynndale Masters Women A | Yvonne McGlaughlan | 35:56 | F |
| Lynndale Masters Women A | Carolyn Martin | 38:42 | F |
| Lynndale Masters Women A | Pam Hardley | 36:09 | F |
| | | <hr/> | |
| | | 02:27:50 | |

| | | | |
|-------------------------------|-------------------|----------|-------|
| Footsteps Flatfoots (Walkers) | Sandra Turner (W) | 01:42 | F |
| Footsteps Flatfoots (Walkers) | Terry Trail (W) | 05:59 | M |
| Footsteps Flatfoots (Walkers) | Mark Alcorn (W) | 54:23 | M |
| Footsteps Flatfoots (Walkers) | | 0 | 00:00 |
| | | <hr/> | |
| | | 03:02:04 | |

| | | | |
|----------------------|---------------|----------|---|
| Footsteps Fantastics | John Burgess | 36:26 | M |
| Footsteps Fantastics | John Poppe | 34:59 | M |
| Footsteps Fantastics | Roger Donnell | 34:44 | M |
| Footsteps Fantastics | Nick Booth | 30:42 | M |
| | | <hr/> | |
| | | 02:16:51 | |

| | | | |
|---------------------|-----------------|----------|---|
| Once Were Runners X | Ken Butterworth | 35:32 | M |
| Once Were Runners X | Lay Cunningham | 40:35 | M |
| Once Were Runners X | Fred Ripley | 38:15 | M |
| Once Were Runners X | Rex Willcox | 35:19 | M |
| | | <hr/> | |
| | | 02:29:41 | |

| | | | |
|---------------------|--------------------|----------|---|
| Once Were Runners Y | Helen O'Shaunnesey | 35:56 | F |
| Once Were Runners Y | Caroline Andrew | 41:11 | F |
| Once Were Runners Y | Murray Grant | 39:52 | M |
| Once Were Runners Y | Danny McDowell | 37:56 | M |
| | | <hr/> | |
| | | 02:34:55 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|---------------------|----------------------|----------|-----|
| Once Were Runners Z | Rob Smith | 34:54 | M |
| Once Were Runners Z | Vivienne Elder-Smith | 41:12 | F |
| Once Were Runners Z | Anna Spittle | 38:20 | F |
| Once Were Runners Z | Tony Jackson | 38:51 | M |
| | | <hr/> | |
| | | 02:33:17 | |

| | | | |
|------------|----------------|----------|---|
| Papakura 1 | Kay Barnes | 45:30 | F |
| Papakura 1 | Geoff Smith | 31:10 | M |
| Papakura 1 | Kelvin Fitness | 31:56 | M |
| Papakura 1 | Elliot Crean | 28:01 | M |
| | | <hr/> | |
| | | 02:16:37 | |

| | | | |
|------------|----------------|----------|---|
| Papakura 2 | Angela Ward | 36:36 | F |
| Papakura 2 | John Potter | 31:25 | M |
| Papakura 2 | Jeanette Smith | 40:38 | F |
| Papakura 2 | Mark Pulman | 25:27 | M |
| | | <hr/> | |
| | | 02:14:06 | |

| | | | |
|------------|-----------------|----------|---|
| Papakura 3 | Tui Ashe | 38:50 | F |
| Papakura 3 | Grant Carroll | 31:22 | M |
| Papakura 3 | Gary Williamson | 28:19 | M |
| Papakura 3 | Ross Matheson | 31:24 | M |
| | | <hr/> | |
| | | 02:09:55 | |

| | | | |
|------------|--------------|----------|---|
| Papakura 4 | Sandra Caddy | 36:38 | F |
| Papakura 4 | Rex Allen | 38:19 | M |
| Papakura 4 | John Stanley | 31:52 | M |
| Papakura 4 | Robert Ward | 30:51 | M |
| | | <hr/> | |
| | | 02:17:40 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|------------|----------------|----------|-----|
| Papakura 5 | Lyn Clark | 37:26 | F |
| Papakura 5 | Dene Duthie | 30:51 | M |
| Papakura 5 | Peter Matheson | 32:06 | M |
| Papakura 5 | Richard Keene | 30:35 | M |
| | | <hr/> | |
| | | 02:10:58 | |

| | | | |
|------------|----------------|----------|---|
| Papakura 6 | Penny Kirkwood | 33:06 | F |
| Papakura 6 | Trevor Ashe | 31:23 | M |
| Papakura 6 | Ross Pottinger | 36:19 | M |
| Papakura 6 | David Peterson | 33:02 | M |
| | | <hr/> | |
| | | 02:13:50 | |

| | | | |
|-------|----------------|----------|---|
| ACA 1 | Peter Goffin | 29:59 | M |
| ACA 1 | Harvey Dixon | 33:52 | M |
| ACA 1 | Bernard Hanley | 31:35 | M |
| ACA 1 | Chris Walker | 29:17 | M |
| | | <hr/> | |
| | | 02:04:43 | |

| | | | |
|-------|-------------------|----------|---|
| ACA 2 | Scott O'Loughlin | 29:10 | M |
| ACA 2 | Mathew Mildenhall | 27:11 | M |
| ACA 2 | Adam Berry | 27:17 | M |
| ACA 2 | Fetalow Zomo | 27:15 | M |
| | | <hr/> | |
| | | 01:50:53 | |

| | | | |
|------------------|--------------|----------|---|
| YMCA All Stars 1 | Tony Meehan | 41:17 | M |
| YMCA All Stars 1 | Helen Murphy | 34:38 | F |
| YMCA All Stars 1 | Andy Harper | 32:20 | M |
| YMCA All Stars 1 | Vickie Lai | 35:41 | F |
| | | <hr/> | |
| | | 02:23:56 | |

JOHN RIDDELL MEMORIAL RELAY - 28 AUGUST 2004

| Team | Runner | Lap Time | Sex |
|------------------|-----------------|----------|-----|
| YMCA All Stars 2 | Gordon Jackson | 46:16 | M |
| YMCA All Stars 2 | Barbara Jackson | 40:07 | F |
| YMCA All Stars 2 | David Sheeham | 36:53 | M |
| YMCA All Stars 2 | Marion Griffith | 38:16 | F |
| | | <hr/> | |
| | | 02:41:32 | |

| | | | |
|----------------|--------------------|----------|---|
| Pres Dinosaurs | Patricia Eastmond | 48:00 | F |
| Pres Dinosaurs | Stephanie Peterson | 44:23 | F |
| Pres Dinosaurs | Bill Goldstone | 45:03 | M |
| Pres Dinosaurs | Des Botting | 35:34 | M |
| | | <hr/> | |
| | | 02:53:00 | |