

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

The Auckland City Athletic Club would like to thank you all for your support and wish also to acknowledge the support of the following sponsors in making the day a good one. Please try and show them your support in return.

Shoe Science
Harvey Dixon -Relive
Progressive Foods
Tonys Hair salon
James Hardy

NZ Runner
Red Bull
Kelly Tarltons
YMCA Ellerslie

FASTEST TIME

SENIOR WOMEN

1	11	Bays Cougar 1 Counties	0:33:23
2	14	Manukau 1	0:34:08
3	7	Pakuranga A	0:36:12
4	12	Bays Cougar 2	0:36:22
5	2	ACA2	0:36:52
6	5	Lynndale A	0:37:32
7	4	Glen Eden 1	0:38:16
8	10	University B	0:38:24
9	1	ACA1	0:38:42
10	9	University A	0:39:09
11	8	Pakuranga B	0:44:11
12	6	Lynndale B	0:44:29
	13	Bays Cougar 3	

MASTERS WOMEN

1	54	University A	0:36:26
---	----	--------------	---------

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

2	51	Pakuranga A	0:39:28
3	55	University B	0:40:13
4	3	Glen Eden 2	0:43:36
5	52	Pakuranga B	0:46:09
6	53	Pakuranga C	0:48:29

HANDICAP

SENIOR WOMEN

	1	6	Lynndale B Counties	0:44:29	0:44:40	00:11
	2	14	Manukau 1	0:34:08	0:33:50	00:18
	3	1	ACA1	0:38:42	0:39:35	00:53
	3	11	Bays Cougar 1	0:33:23	0:32:30	00:53
	5	4	Glen Eden 1	0:38:16	0:39:21	01:05
	8	12	Bays Cougar 2	0:36:22	0:34:30	01:52
	9	10	University B	0:38:24	0:36:30	01:54
	11	7	Pakuranga A	0:36:12	0:34:00	02:12
	12	2	ACA2	0:36:52	0:34:05	02:47
	13	8	Pakuranga B	0:44:11	0:41:00	03:11
	16	9	University A	0:39:09	0:34:40	04:29
DSQ		5	Lynndale A	0:37:32	0:37:40	watch 00:08

MASTERS WOMEN

	1	3	Glen Eden 2	0:43:36	0:42:00	01:36
	2	51	Pakuranga A	0:39:28	0:37:40	01:48
	3	54	University A	0:36:26	0:34:30	01:56
	4	53	Pakuranga C	0:48:29	0:45:00	03:29
	5	55	University B	0:40:13	0:36:30	03:43
	6	52	Pakuranga B	0:46:09	0:51:00	04:51

CHILDREN'S UNDER 17

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

1	121	ACA 1	0:30:34
2	138	Grammar 1	0:32:13
3	145	Wesley Gallopers	0:32:38
4	122	ACA 2	0:33:16
5	101	Pakuranga 1	0:33:18
6	141	Grammar Gold	0:34:30
7	102	Pakuranga 2	0:34:35
8	139	Grammar 2	0:34:40
9	115	University 2	0:36:08
		Papakura Speed	
10	131	Team	0:36:13
11	143	Bays Cougar 1	0:36:21
12	103	Pakuranga 3	0:37:24
13	119	Massey 1	0:37:39
14	144	Bays Cougar 2	0:38:14
15	142	Lynndale	0:38:49
16	123	ACA 3	0:38:50
17	128	ACA 8	0:39:54
18	126	ACA 6	0:40:11
		Papakura	
19	132	Monsters	0:40:43
20	120	Massey 2	0:40:54
21	129	St Cuthberts	0:41:44
22	117	University 4	0:42:55
23	127	ACA 7	0:43:23
24	105	Pakuranga 5	0:43:30
25	135	Glen Eden 1	0:43:40
26	137	Glen Eden 3	0:43:49
27	125	ACA 5	0:43:54
28	124	ACA 4	0:44:00
29	113	Pakuranga 13	0:44:11
29	116	University 3	0:44:11
31	110	Pakuranga 10	0:44:26
32	111	Pakuranga 11	0:44:45
33	106	Pakuranga 6	0:45:32
34	118	University 5	0:45:41
35	112	Pakuranga 12	0:45:58
36	104	Pakuranga 4	0:46:18
37	133	Papakura Critters	0:46:50

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

38	107	Pakuranga 7	0:46:55
39	130	RRRS	0:47:03
40	108	Pakuranga 8	0:47:44
41	109	Pakuranga 9	0:50:47
42	136	Glen Eden 2	0:51:36
43	147	Wesley AllStars	0:51:56
44	134	Papakura Terrors	0:52:36

Handicap Results

CHILDREN'S UNDER 17

1	142	Lynndale	0:38:49	0:37:55	00:54
2	120	Massey 2	0:40:54	0:39:50	01:04
3	105	Pakuranga 5	0:43:30	0:42:00	01:30
4	102	Pakuranga 2	0:34:35	0:32:45	01:50
5	129	St Cuthberts	0:41:44	0:44:00	02:16
6	143	Bays Cougar 1	0:36:21	0:34:00	02:21
7	110	Pakuranga 10	0:44:26	0:42:00	02:26
8	101	Pakuranga 1	0:33:18	0:30:40	02:38
9	128	ACA 8	0:39:54	0:37:05	02:49
10	133	Papakura Critters	0:46:50	0:49:40	02:50
11	122	ACA 2	0:33:16	0:30:15	03:01
12	106	Pakuranga 6 Papakura	0:45:32	0:42:30	03:02
13	132	Monsters	0:40:43	0:37:39	03:04
14	115	University 2	0:36:08	0:33:00	03:08
15	137	Glen Eden 3	0:43:49	0:40:40	03:09
16	111	Pakuranga 11	0:44:45	0:41:35	03:10
17	145	Wesley Gallopers Papakura Speed	0:32:38	0:29:25	03:13
18	131	Team	0:36:13	0:32:55	03:18
19	117	University 4	0:42:55	0:39:30	03:25
20	103	Pakuranga 3	0:37:24	0:33:55	03:29
21	104	Pakuranga 4	0:46:18	0:42:40	03:38
22	144	Bays Cougar 2	0:38:14	0:34:30	03:44
23	125	ACA 5	0:43:54	0:40:05	03:49

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

24	126	ACA 6	0:40:11	0:36:15	03:56
25	112	Pakuranga 12	0:45:58	0:41:50	04:08
26	113	Pakuranga 13	0:44:11	0:39:45	04:26
27	107	Pakuranga 7	0:46:55	0:42:15	04:40
28	116	University 3	0:44:11	0:39:30	04:41
29	119	Massey 1	0:37:39	0:32:20	05:19
30	108	Pakuranga 8	0:47:44	0:42:10	05:34
31	118	University 5	0:45:41	0:39:30	06:11
32	135	Glen Eden 1	0:43:40	0:37:25	06:15
33	134	Papakura Terrors	0:52:36	0:46:20	06:16
34	138	Grammar 1	0:32:13	0:25:30	06:43
35	141	Grammar Gold	0:34:30	0:27:15	07:15
36	123	ACA 3	0:38:50	0:31:25	07:25
37	127	ACA 7	0:43:23	0:35:40	07:43
38	109	Pakuranga 9	0:50:47	0:42:00	08:47
39	139	Grammar 2	0:34:40	0:25:30	09:10
40	130	RRRS	0:47:03	0:57:00	09:57
41	121	ACA 1	0:30:34	0:20:35	09:59
42	136	Glen Eden 2	0:51:36	0:41:22	10:14
43	147	Wesley AllStars	0:51:56	0:41:00	10:56
44	124	ACA 4	0:44:00	0:30:30	13:30

FASTEST TIME

SENIOR MEN

1	214	Bays Cougar 1	0:44:54
2	215	Bays Cougar 2	0:45:38
3	216	Bays Cougar 3	0:48:01
4	201	ACA - 1 Counties	0:49:20
5	221	Manukau	0:49:34
6	210	Pakuranga - A	0:49:50
7	208	Lynndale - A	0:50:09
8	218	Wesley Black	0:50:30
9	211	Pakuranga - B	0:52:37
10	213	Papakura	0:54:06

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

		Auckland	
11	204	University	0:55:09
12	202	ACA - 2	0:55:27
13	212	Pakuranga - C	0:57:28
		Papakura Crazy	
14	220	Runners	0:59:42
15	209	Lynndale - B	1:00:01
16	217	Wesley Gold	1:00:27
17	219	Owairaka	1:01:28
18	206	Glen Eden - 1	1:03:10
19	203	ACA - 3	1:06:34
20	205	Calliope	1:16:01

MASTERS MEN

1	243	University Track A	0:51:35
2	239	Pakuranga - Red	0:52:56
		Auckland	
3	231	University - Blue	0:55:32
4	234	Lynndale	0:55:55
5	244	University Track B	0:56:07
6	230	ACA	0:57:34
7	235	Pakuranga - Blue	0:57:54
8	236	Pakuranga - O50A	0:58:58
9	240	Pakuranga - White	0:59:26
		Auckland	
10	232	University -Gold	1:00:30
		Papakura - Ave	
11	242	Age 50	1:00:34
12	237	Pakuranga - O50B	1:04:12
13	233	Calliope	1:04:29
14	207	Glen Eden - 2	1:06:12
		Papakura - All	
15	241	Mixed Up	1:08:37
		Pakuranga -	
16	238	O50C	1:11:54

HANDICAP
RESULTS

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

SENIOR MEN

1	215	Bays Cougar 2	0:45:38	0:45:40	00:02
2	201	ACA - 1	0:49:20	0:49:25	00:05
3	216	Bays Cougar 3	0:48:01	0:47:50	00:11
4	214	Bays Cougar 1	0:44:54	0:45:15	00:21
5	203	ACA - 3	1:06:34	1:06:00	00:34
6	220	Papakura Crazy Runners	0:59:42	1:00:17	00:35
7	213	Papakura	0:54:06	0:54:59	00:53
8	206	Glen Eden - 1	1:03:10	1:02:05	01:05
9	210	Pakuranga - A	0:49:50	0:48:30	01:20
10	211	Pakuranga - B	0:52:37	0:50:50	01:47
11	218	Wesley Black	0:50:30	0:48:35	01:55
12	205	Calliope	1:16:01	1:18:00	01:59
13	208	Lynndale - A	0:50:09	0:47:44	02:25
14	212	Pakuranga - C Counties	0:57:28	0:55:00	02:28
15	221	Manukau Auckland	0:49:34	0:46:45	02:49
16	204	University	0:55:09	0:52:15	02:54
17	202	ACA - 2	0:55:27	0:51:50	03:37
18	219	Owairaka	1:01:28	0:57:00	04:28
19	209	Lynndale - B	1:00:01	0:55:25	04:36
20	217	Wesley Gold	1:00:27	0:55:15	05:12

MASTERS MEN

1	243	University Track A	0:51:35	0:51:45	00:10
2	244	University Track B	0:56:07	0:56:30	00:23
3	236	Pakuranga - O50A	0:58:58	0:58:20	00:38
4	237	Pakuranga - O50B	1:04:12	1:03:25	00:47
5	233	Calliope Papakura - Ave	1:04:29	1:05:35	01:06
6	242	Age 50	1:00:34	0:59:16	01:18
7	235	Pakuranga - Blue	0:57:54	0:56:25	01:29
8	239	Pakuranga - Red	0:52:56	0:51:10	01:46
9	234	Lynndale	0:55:55	0:53:45	02:10
10	231	Auckland	0:55:32	0:52:35	02:57

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

University - Blue					
11	240	Pakuranga - White	0:59:26	0:56:25	03:01
12	207	Glen Eden - 2	1:06:12	1:09:15	03:03
Papakura - All					
13	241	Mixed Up	1:08:37	1:11:54	03:17
Auckland					
14	232	University -Gold	1:00:30	0:57:00	03:30
15	230	ACA	0:57:34	1:01:10	03:36
Pakuranga -					
16	238	O50C	1:11:54	1:07:00	04:54

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Individual Times

Club	Name	Ranking	Time
Senior Women			
Bays Cougar Counties	Jess Wright	1	10:23
Manukau Counties	Moana Burt	2	10:26
Manukau University	Rachel Penney	3	10:53
Bays Cougar	Nicole Cope	4	10:56
University	Anna Cleaver	5	11:21
Bays Cougar	Nicole Cope	6	11:23
University	Caroline Smith	7	11:28
Pakuranga	Chanel Williamson	8	11:39
Bays Cougar	Alice Taylor	8	11:39
Lynndale	CHARLOTTE AYACHE	10	11:52
ACA	Kate CAMPBELL	11	11:58
Bays Cougar	Rebecca McEnaney	12	12:07
Pakuranga	Renee Holtom	13	12:08
Glen Eden	SIAN WALKER	14	12:13
ACA	Emma OLIVER	15	12:14
ACA	Jaimee CAMPBELL	16	12:23
Pakuranga	Nikki Wallwork	17	12:25
University	Lesley Ryan	18	12:27
Glen Eden	MADLINE MUNRO	19	12:30
ACA	Aimee SCHICKER	20	12:31
Lynndale	KELLY MAURICE	21	12:39
Bays Cougar Counties	Evelyn Taylor	22	12:46
Manukau	Amy Jo Mann	23	12:49
ACA	Aimee SCHICKER	24	12:54
Lynndale	PAM THOMAS	25	13:01
Lynndale	JULIE KRIETCH	26	13:08
Pakuranga	Kellee Sandilands	27	13:27
Glen Eden	LIZZETTE MCKAY	28	13:33
ACA	Lucy PILKINGTON	29	13:34
University	Jenny Cooper	30	13:38
Glen Eden	JUDY CROSS	31	14:12
Glen Eden	MEG MCKENZIE	32	14:20
Pakuranga	Jacinta Bell	33	14:31
University	Laura Justice	34	14:35
University	Rustica Lamb	34	14:35
Lynndale	CHARLOTTE AYACHE	36	14:57
Glen Eden	JENNY ELLIS	37	15:04
Pakuranga	Vicki Smith	38	16:13
Lynndale	ANDREA PARTINGTON	39	16:40

Masters Women

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

University	Claire McKone	1	11:59
University	Teresa Cox	2	12:10
University	Catherine Roberts	3	12:16
Pakuranga	Lynley Tulloch	4	12:35
University	Marion McDonald	5	13:03
University	Sue Clark	6	13:13
Pakuranga	Miriam Lindsay	7	13:17
Pakuranga	Jackie Russell	8	13:36
University	Judy Cheesman	9	13:55
Glen Eden	JUDY CROSS	10	14:12
Glen Eden	MEG MCKENZIE	11	14:20
Pakuranga	Vanessa Wells	12	14:29
Pakuranga	Lynne Sim	13	14:45
Glen Eden	JENNY ELLIS	14	15:04
Pakuranga	Pam Millward	15	15:50
Pakuranga	Wendy Mallowes	16	15:52
Pakuranga	Kaye Rudman	17	16:44
Pakuranga	Bev Lorimer	18	17:00

Under 17

Wesley	Biruk Belachew	1	07:13
ACA	Adam LEE	2	07:16
ACA	Aaron JACKSON	3	07:18
Wesley	Mobeen Rostamy	4	07:31
ACA	Tom STEWART	5	07:47
ACA	John LEE	6	07:51
Papakura	James Castle	7	07:57
ACA	Sanjay SMITH	8	08:08
Pakuranga	Alex Parlane	9	08:11
ACA	Andrew MORRISON	9	08:11
ACA	Charlotte FORSTER	11	08:15
Bays Cougar	Christo Hefer	11	08:15
Papakura	Alex Murray	13	08:19
Pakuranga	Matthew Jeans	14	08:24
University	Kieran Dowd	15	08:30
Pakuranga	Alex Patterson	16	08:34
ACA	Victoria FORSTER	17	08:37
ACA	Annie KEOWN	18	08:41
ACA	Ester KEOWN	19	08:43
Wesley	Michael Grey	19	08:43
Pakuranga	Sam Lindsay	21	08:46
Pakuranga	Kelsi Patterson	22	08:47
Bays Cougar	Sam Johnston	23	08:49
Pakuranga	Justin Tregenza	24	08:50
ACA	Andrea PEAT	25	08:54
Bays Cougar	Laura Rosendal	25	08:54
University	Matt Woolhouse	27	08:56
Pakuranga	Matthew Simpson	28	08:58
Pakuranga	Penny Blackbourn	29	09:02
	Matthew VERCOE-		
Massey	CURTIS	29	09:02
ACA	Daniel JOSEPHS	29	09:02

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Pakuranga	Scott Russell	32	09:03
ACA	Emily COLLINS	32	09:03
Bays Cougar	Adrian Retief	32	09:03
University	James Doyle	35	09:04
Pakuranga	Logan Kinnear	36	09:07
Massey	Michael VERCOE- CURTIS	37	09:09
ACA	Gracie KEOWN	37	09:09
Papakura	Ethan Ward	37	09:09
Massey	Katrina ELTON	40	09:11
Wesley	Renee Gunn	40	09:11
Papakura	Fabian Castle	42	09:13
Lynndale	KIRSTY WANNAN	43	09:16
Pakuranga	Renee Douche	44	09:19
University	Elizabeth Doyle	44	09:19
Massey	Frances ELLIOTT	46	09:20
ACA	Mitch BUNTING	46	09:20
Lynndale	STEPHANIE SULLIVAN	48	09:22
ACA	Alexander PINFOLD	49	09:23
Pakuranga	Cory King	50	09:25
Bays Cougar	Megan Wood	51	09:26
Pakuranga	Jacques Massie	52	09:27
Pakuranga	Rochelle Seagar	53	09:29
Lynndale	NICK POULGRAIN	53	09:29
ACA	Ester KEOWN	55	09:30
RRRS	Hadyn Rogers	55	09:30
Bays Cougar	Maddie Johnston	57	09:33
Pakuranga	Robert Miller	58	09:34
Wesley	Jemma Pearson	58	09:34
Pakuranga	Brad Martin	60	09:35
St Cuthberts	Caroline Stevens	61	09:37
ACA	Andy JACKSON	62	09:38
Papakura	Ashlee Bow	63	09:40
Pakuranga	Nyrene Crowley	64	09:42
University	Adam Robinson	64	09:42
Lynndale	KARL LOOMANS	64	09:42
Pakuranga	David Lee	67	09:44
Pakuranga	Teagan Ross	67	09:44
Bays Cougar	Sophie Healey	67	09:44
Papakura	Rosie Castle	70	09:46
Pakuranga	Jessica Holder	71	09:49
Pakuranga	Troy Adams	71	09:49
ACA	Samantha PANKO	71	09:49
Pakuranga	Anthony Curry	74	09:51
Massey	Jonathon de VILLIERS	75	09:53
Pakuranga	James Calway	76	09:55
ACA	Riah MILDENHALL	77	09:56
University	Courtney McConnichie	78	09:58
Massey	Tyler ELLIOTT	79	09:59
Glen Eden	REUBEN JELLYMAN	80	10:01
Pakuranga	Annelies Lindsay	81	10:09
St Cuthberts	Amber Willet	82	10:13
Glen Eden	LAURA WOOTTEN	82	10:13
Pakuranga	Michaela Guy	84	10:14

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Pakuranga	Rachel Martin	85	10:17
ACA	Elizabeth JONES	85	10:17
Glen Eden	CARL PERRY	87	10:21
Glen Eden	SHANNON PERRY	88	10:22
Wesley	Thomas Sussex	89	10:23
Papakura	Nekoda Atiga	90	10:26
University	Joel Collins	91	10:29
Pakuranga	Ricky Reynolds	92	10:32
University	Patrick Dowd	93	10:34
University	Emily Justice	94	10:35
ACA	Danielle PARKINSON	94	10:35
ACA	Hamish Wu	94	10:35
Pakuranga	Renee Simpson	97	10:38
Glen Eden	SARAH LEWINGTON	97	10:38
Papakura	Jacqui Robins	99	10:44
Wesley	Jordan Sussex	99	10:44
St Cuthberts	Kate Comery	101	10:47
Massey	Shane Geddes	102	10:48
Bays Cougar	Sarah Tordeich	103	10:52
University	Toni Clinton	104	10:55
ACA	Rebecca BURRIDGE	104	10:55
Pakuranga	Jarrod Blakeborough	106	11:00
University	Laura Clinton	107	11:01
Pakuranga	Lauren McErlean	108	11:04
ACA	Daniel POOLE	109	11:05
St Cuthberts	Emily Ruygrok	110	11:07
Massey	Thomas HORNE	111	11:11
ACA	Natasha VINCENT	111	11:11
Pakuranga	Paige Harwood	113	11:14
University	Vincent Phua	114	11:15
ACA	Sarah BRADDOCK	115	11:17
Pakuranga	Briar Guy	116	11:23
Glen Eden	NINA HUTCHINSON	117	11:25
Pakuranga	Denise Mendonca	118	11:26
Papakura	Logan Rout	119	11:27
Wesley	Felicity Gunn	120	11:28
Pakuranga	Rebecca Hardie	121	11:31
RRRS	Jamie Rogers	122	11:33
Glen Eden	JARED FREE	122	11:33
Pakuranga	Jessica Hughson	124	11:35
Pakuranga	Tynaya McCullough	125	11:36
Pakuranga	Tyler Russell	126	11:37
Glen Eden	PATRICK FREE	127	11:52
Papakura	Kerri Duthie	128	11:54
Pakuranga	Sarah-Amy Drummond	129	12:05
University	Vanessa Dowd	130	12:06
Pakuranga	Earl Crowley	131	12:07
Papakura	Amanda Bracewell	132	12:08
ACA	Frances CAMPBELL	133	12:09
University	Chun Lin-Lee	134	12:11
University	Matthew Dowd	135	12:12
Pakuranga	Mathew McArthur	136	12:13
Pakuranga	Chelsea Seagar	137	12:14
Pakuranga	James Kaveny	138	12:16

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

ACA	Bridget REILLY	139	12:17
Glen Eden	RENEE WOOTTEN	140	12:22
University	Nathan Collins	141	12:25
Glen Eden	JESSIE ELLIS	142	12:27
ACA	Georgia THOMAS	143	12:28
Wesley	Genesh Prasad	143	12:28
RRRS	Isabella Richards	145	12:39
Papakura	Samuel Peika	146	12:45
Pakuranga	Samuel McErlean	147	12:47
Wesley	William Harris	148	12:48
Pakuranga	Jonathan Kaveny	149	12:49
Papakura	Tiana Atiga	149	12:49
Pakuranga	Mikaela Holder	151	12:53
Glen Eden	FRAZER ELLIS	151	12:53
Pakuranga	Liam McElwee	153	12:59
ACA	Hannah LAITY	153	12:59
Papakura	Ezra Bridger	155	13:00
Pakuranga	Xavier Guy	156	13:01
Papakura	Erica Atiga	157	13:34
Pakuranga	Larissa Curry	158	13:50
Papakura	Esa Jane Peika	159	14:02
Pakuranga	Jasmine Holder	160	14:05
Pakuranga	Tamryn Lindsay	161	14:16
Pakuranga	Sarah Hughson	162	14:26
Wesley	Priya Prasad	163	14:36
RRRS	Grace Stevens	164	14:57
Glen Eden	OLIVIA HUTCHINSON	164	14:57
Pakuranga	Hannah Blackbourn	166	16:03
ACA	Jaimee POOLE	167	16:43

Senior Men

Bays Cougar	Stu Kerr	1	08:48
Bays Cougar	Dale Warrander	2	08:49
Bays Cougar	Ben Ruth	3	08:51
Bays Cougar	Robbie Johnston	4	08:52
Bays Cougar	Mark McKeown	5	08:54
Bays Cougar	Paul Hamblyn	6	08:59
Bays Cougar	Dale Warrander	7	09:05
Bays Cougar	Liam Scopes	8	09:09
Bays Cougar	Edwin Henshaw	9	09:12
Bays Cougar	Dino Bozzone	9	09:12
Wesley	Andrew Haigh	11	09:21
Wesley	Simon Bucknell	12	09:24
Bays Cougar	Stefan Robertson	13	09:25
Auckland			
University	Paul Angland	14	09:28
ACA	Leyden TOLHURST	15	09:29
Pakuranga	Mathew Hitchings	16	09:34
ACA	Mathew MILDENHALL	17	09:35
Bays Cougar	Lewis Jenkin	18	09:38
Bays Cougar	Stephen Lett	19	09:40
Bays Cougar	Jason Cameron	20	09:44
Pakuranga	Matthew Sweetingham	21	09:49

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Pakuranga	Paul Crowhurst	22	09:52
ACA	Tim MacINTOSH	23	09:59
Wesley	Ian Sussex	24	10:04
ACA	Rodney HELLYER	25	10:07
Pakuranga	Craig Burke	26	10:08
Papakura	Darryl Roberts	27	10:09
ACA	Thomas HAHN	28	10:11
Bays Cougar	James Upton	29	10:14
ACA	Fetalow ZOMO	30	10:20
Owairaka	Antony Gardner	31	10:23
Pakuranga	Rob Dallimore	32	10:25
Auckland University	Chris Weeks	33	10:26
Pakuranga	Bruce Hunter	33	10:26
ACA	Scott O'LOUGHLIN	35	10:28
Pakuranga	Bryce Green	35	10:28
Wesley	Brent Foster	37	10:29
Pakuranga	Stirling Slingerland	38	10:30
Pakuranga	Chris Fransham	39	10:31
Auckland University	Brent Hickman	40	10:34
Papakura	Dave Burrett	41	10:35
Pakuranga	Paul Williams	42	10:36
Pakuranga	Geoff Rickerby	43	10:39
Papakura	Carl Bracewell	43	10:39
Papakura	Elliot Crean	45	10:50
Owairaka	Warwick Brennan	46	10:52
Pakuranga	Craig Haslip	47	10:56
Pakuranga	Tyron Wallwork	48	10:58
ACA	Jason MAGERKORTH	49	11:00
ACA	Chris WALKER	50	11:08
Papakura	Gary Williamson	50	11:08
Wesley	Jeremy Elley-Brown	52	11:12
ACA	Jacob VERMUNT	53	11:16
Auckland University	Brendan Cox	54	11:17
Papakura	Peter Matheson	55	11:20
Glen Eden	BARRY SHARP	56	11:28
Pakuranga	Gerard Bell	57	11:30
ACA	Julian PEAT	58	11:33
Papakura	Geoff Smith	59	11:41
Papakura	David Petersen	60	11:47
Wesley	Gaeth Alshamsi	61	11:54
Wesley	Jopesh Nunweek	61	11:54
Glen Eden	IAN PARKER	63	12:00
Glen Eden	DAVID TILTON	64	12:01
Papakura	Robert Ward	65	12:07
ACA	Todd CALKIN	66	12:15
Owairaka	Don Blackburn	67	12:20
Wesley	John Norton	68	12:23
Owairaka	Mike Steiner	69	12:32
Glen Eden	PAUL TROTMAN	70	12:36
Wesley	Ian Sussex	71	12:40
Glen Eden	TIM ELLIS	72	12:56
Auckland	Logan Grayer	73	13:21

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

University			
Glen Eden	PHILL WOOTTEN	74	13:23
Glen Eden	RICHARD HARDING	75	13:30
Glen Eden	MIKE PERRY	76	13:31
Papakura	Penny Stanley	77	13:32
Pakuranga	Scott Dean	78	13:33
Glen Eden	Murray Free	79	13:36
Wesley	Caleb Shaw	79	13:36
Calliope	Bruce McLean	81	14:18
Glen Eden	NICK DEVICH	82	14:19
Calliope	Yvonne Jarvis	83	14:28
ACA	Toni WALKER	84	14:29
ACA	Roue Bairstow	85	14:38
ACA	TraceyMarie FISHER	86	15:03
Calliope	Raewyn Kent	87	15:05
Owairaka	Syd Morrow	88	15:21
Calliope	Bill Fell	89	15:23
Calliope	Robert Purdie	90	16:28
Lynndale	WILL GREEN		
Lynndale	MARK BRIGHT		
Lynndale	STUART AINSWORTH		
Lynndale	SEATON MEREDITH		
Lynndale	GREG SAWYER		
Lynndale	RUDY KLAWATSCH		
Lynndale	STEVE EDLIN		
Lynndale	JOHN BENNETT		
Lynndale	LESTER LANCASTER		
Lynndale	KEN HARDLEY		
Counties			
Manukau	Mark		
Counties			
Manukau	Damian		
Counties			
Manukau	Richard		
Counties			
Manukau	Dave		
Counties			
Manukau	Dave		

Masters Men

University Track	Gavin Stevens	1	09:48
University Track	Graham Macky	2	09:54
ACA	Ken WALKER	3	10:06
Pakuranga	Peter Moolenschot	4	10:17
Auckland			
University	Alan Clinton	5	10:20
University Track	John Fraser	5	10:20
University Track	Ken Moloney	7	10:21
University Track	Steve Wright	8	10:24
Pakuranga	Graham Moore	9	10:28
University Track	Rob Scott	10	10:30
Pakuranga	Stephen Moorehead	11	10:36
Pakuranga	Simon Phillips	12	10:45

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Pakuranga	Dmytro Kalachov	13	10:50
Auckland			
University	Rob Mulcahy	14	10:51
Auckland			
University	Terry Horne	15	10:58
Pakuranga	Paul Fey	16	10:59
Pakuranga	Malcolm Chamberlain	17	11:01
Pakuranga	David Harper	18	11:03
University Track	Dave Harkness	19	11:06
ACA	Bernard HANLEY	20	11:11
Auckland			
University	Jouni Torvelainen	21	11:12
Pakuranga	Malcolm Coffey	21	11:12
Pakuranga	Richard Bright	23	11:14
University Track	Steve Greenwood	24	11:18
ACA	Peter GOFFIN	25	11:22
Auckland			
University	Peter Talbot	26	11:23
Papakura	Bruce McGregor	26	11:23
Pakuranga	Paul McElwee	28	11:27
Pakuranga	Neil Cheyne	29	11:39
Pakuranga	Etiene Johnson	29	11:39
Auckland			
University	Richard Justice	31	11:41
Auckland			
University	Gary Butler	31	11:41
Auckland			
University	Brendan Daly	33	11:51
Pakuranga	Dave Nicholls	34	11:56
University Track	Keith Procter	34	11:56
Pakuranga	John Robinson	36	11:57
Pakuranga	Mijo Sole	37	11:59
Papakura	Ross Matheson	38	12:02
University Track	Bryan Bates	39	12:03
ACA	Harvey DIXON	40	12:09
Auckland			
University	Barry Ellmers	40	12:09
Pakuranga	Robert Jackson	42	12:14
Papakura	Steve Williamson	42	12:14
Papakura	John Stanley	42	12:14
Pakuranga	Bob Smith	45	12:17
Papakura	Ross Garner	46	12:22
Papakura	Dene Duthie	47	12:26
Papakura	John Potter	47	12:26
Pakuranga	Steve Brown	49	12:32
Pakuranga	Rob Dorey	50	12:36
Pakuranga	Earl Crowley	51	12:45
ACA	John MILDENHALL	52	12:46
Pakuranga	David Hamilton	53	12:47
Pakuranga	Roger Sunderland	53	12:47
Pakuranga	Kirk Lister	55	12:52
Auckland			
University	John O'Donnell	56	13:07
Pakuranga	Barry O'Brien	57	13:11
Pakuranga	Graham Richardson	58	13:30
Papakura	Rex Allen	59	13:36

2004 SOUTHLAND CENTENNIAL SHIELD RELAY

Pakuranga	Paul Taylor	60	14:00
Papakura	Colin Ash	61	14:05
Pakuranga	Fred Burke	62	14:14
Pakuranga	Richard Thomson	63	14:53
Pakuranga	Greg Dodds	64	15:36
Papakura	Bernard Moore	65	16:20
Calliope	Greg Pearce		
Calliope	Don McPike		
Calliope	Malcolm Wade		
Calliope	Tyrell Jaggard		
Calliope	Keith Kent		
Lynndale	RUDY BAPTISTE		
Lynndale	SHANE CONNOLLY		
Lynndale	JOHN HOBSON		
Lynndale	DAVID DONNELLY		
Lynndale	DARREN KEENAN		

Supporters of the 2004 Southland Centennial Relay

Shoe Science

Harvey Dixon -Relive

Progressive Foods

Tonys Hair salon

James Hardy

NZ Runner

Red Bull

Kelly Tarltons

YMCA Ellerslie